



PAC-10 NEWS

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PACIFIC-10 CONFERENCE OUTDOOR TRACK AND FIELD ATHLETES OF THE WEEK

WALNUT CREEK, Calif. -- Pacific-10 Conference outdoor track and field athlete of the week honors for the week of April 18-24:

Men's Track Athlete of the Week: AARON AGUAYO, Arizona State (So., Phoenix, Ariz.). Aguayo broke a 15-year old school record as he clocked a 13:49.11 in the 5,000 meters at the Oregon Invitational in Eugene. His mark was the first time a Sun Devil runner has ever gone below 13:51 in a race.

Men's Field Athlete of the Week: ANDY YOUNG, Oregon (RJr., Newburg, Ore.). At the Oregon Invite (Thursday, April 21 - Friday, April 22), Young won the decathlon with an NCAA provisional score of 7,329 points. He notched a season-best in eight of the ten events. Only five collegians had scored higher decathlon totals than Young before last weekend.

Women's Track Athlete of the Week: ASHLEY LODREE, Washington (So., Richmond, Calif.). Running the 400-meter hurdles for just the second time in her career, Lodree clocked a Pac-10 leading time of 59.65 second to win the Oregon Invitational. Her mark was the ninth-fastest in UW history, and the fastest by an Husky since 2000. She also led the Huskies in the 4x400-meter relay with a winning time of 3:44.58, good for ninth on the school's all-time list. Lodree now ranks among UW's all-time top-10 in eight different events.

Women's Field Athlete of the Week: JESSICA COSBY, UCLA (Sr., Mission Hills, Calif.). Cosby was a double-winner at the UC San Diego Triton Invite. She posted the third-farthest collegiate shot put mark in the U.S. this season with a Pac-10 leading and NCAA RQ toss of 55-11.50. She also won the hammer throw with a mark of 206-11. She leads the Pac-10 in the hammer throw at 217-6.

2005 PAC-10 TRACK AND FIELD ATHLETES OF THE WEEK

MEN'S TRACK – April 11 - **John Rankin**, UCLA (Mile). April 18 - **James McSwain**, WSU (100m/200m/4x100m relay). April 25 - **Aaron Aguayo**, ASU (5,000m).

MEN'S FIELD – April 11 - **Trevell Quinley**, ASU (LJ). April 18 - **Michael Robertson**, STAN (DT). April 25 - **Andy Young**, ORE (Decathlon).

WOMEN'S TRACK – April 11 - **Virginia Powell**, USC (100MH). April 18 - **Sara Bei**, STAN (5,000m). April 25 - **Ashley Lodree**, WASH (400MH/4x400m relay).

WOMEN'S FIELD – April 11 - **Diana Pickler**, WSU (Heptathlon). April 18 - **Ilona Rutjes**, ARIZ (DT). April 25 - **Jessica Cosby**, UCLA (SP/HT).